

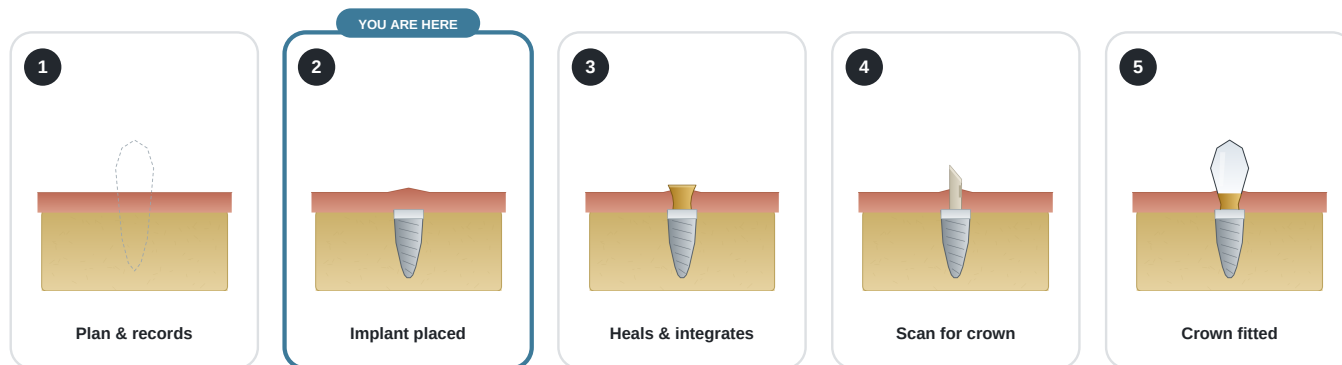
Implant Surgery

SINGLE-STAGE PLACEMENT — PLACING YOUR IMPLANT & HEALING CAP IN ONE VISIT

Today your titanium implant is placed into the jawbone to replace the root of your missing tooth. In the single-stage approach we also fit a small healing cap that sits just through the gum, so a second uncovering surgery is not needed. You stay comfortable with local anaesthetic, and it usually takes about an hour.

Your dental implant journey

You are at step 2 of 5



What happens on the day

- 1 **Numb** — a local anaesthetic fully numbs the area — you feel pressure, not pain.
- 2 **Place** — a small channel is made in the bone and the implant is gently placed.
- 3 **Healing cap** — a healing cap is fitted so the gum can shape around it.
- 4 **Settle** — the gum is settled with a few small stitches if needed.
- 5 **Aftercare** — we check everything and give you your aftercare advice.

Caring for it at home

PLEASE DO

- ✓ Take pain relief as advised; rest on day one.
- ✓ Use a cold pack on your cheek to ease swelling.
- ✓ Eat soft, cool foods for the first few days.
- ✓ Rinse gently with warm salt water from day one.

PLEASE AVOID

- ✗ Avoid smoking — it slows healing and risks failure.
- ✗ Don't poke the site with tongue or fingers.
- ✗ No vigorous rinsing or spitting for 24 hours.
- ✗ Avoid chewing hard foods over the implant.

CALL YOUR DENTIST IF

you have heavy bleeding that won't stop, increasing pain or swelling after 2–3 days, fever, or the healing cap feels loose or comes out — these are uncommon and easily managed.