



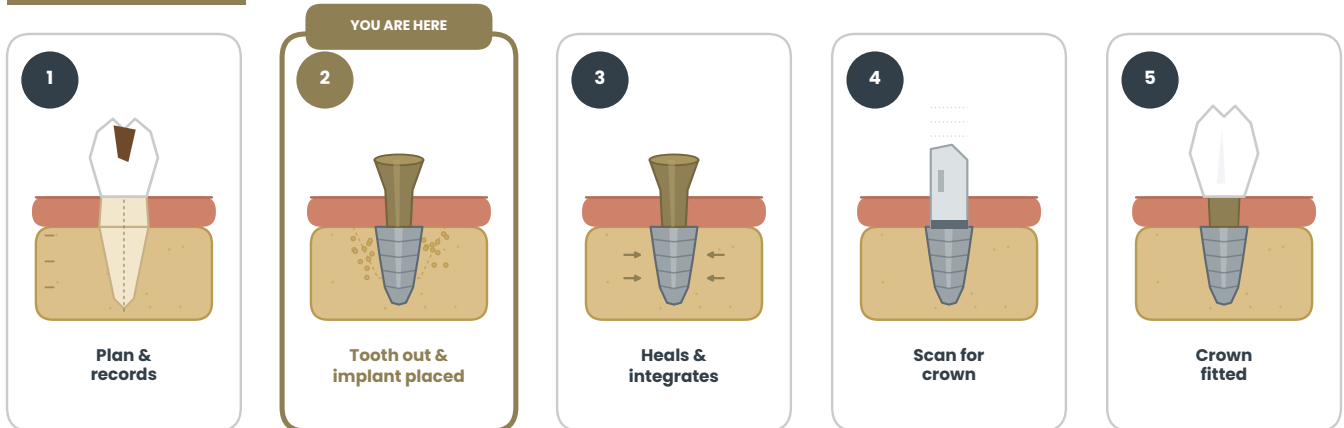
## Immediate Implant

Extraction & Same-Day Placement — removing the tooth and placing the implant together

When a tooth cannot be saved, we can often remove it and place the implant into the socket in the same visit — an immediate implant. This usually means fewer surgeries and less overall healing time. We gently remove the tooth, place the implant, and often add a little bone graft around it to support healing. You stay comfortable with local anaesthetic, and it usually takes about an hour.

### Your dental implant journey

You are at step 2 of 5



### What happens on the day

- 1 Numb** — a local anaesthetic fully numbs the area — you feel pressure, not pain.
- 2 Remove** — the damaged tooth is gently removed and the socket is cleaned.
- 3 Place** — the implant is placed straight into the fresh socket.
- 4 Graft** — a little bone graft is added around it to support healing.
- 5 Finish** — a healing cap or cover is fitted and aftercare is given.

### Caring for it at home

**✓ Please do**

- Take pain relief as advised; rest on day one.
- Use a cold pack on your cheek to ease swelling.
- Eat soft, cool foods for the first few days.
- Rinse gently with warm salt water from day one.

**✗ Please avoid**

- Avoid smoking — it slows healing and risks failure.
- Don't poke or suck on the site — protect the graft.
- No vigorous rinsing or spitting for 24 hours.
- Avoid chewing hard foods over the implant.

#### Call your dentist if:

you have heavy bleeding that won't stop, increasing pain or swelling after 2–3 days, fever, a lot of gritty graft particles coming away, or the healing cap feels loose — uncommon and easily managed.